

## Aquamantys Bipolar Sealers

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### Overview

Aquamantys bipolar sealers by Medtronic, are electrosurgical products that use radio frequency (RF) energy and saline instillation technology to seal soft tissue and control bleeding. These sealers function at 100°C, which is a lower temperature than other traditional electrosurgical devices.<sup>2</sup> These sealers are used in combination with a pump generator. They are advertised for use in orthopedic, spine, surgical oncology, cardiac, neurosurgery, and thoracic specialties.<sup>1</sup>

### FDA Approval

The Aquamantys Bipolar Sealers was approved by the FDA in 2022 (Linked [here](#)).<sup>3</sup> Indications for use include: “used in conjunction with the Aquamantys Pump Generator for delivery of RIF energy and saline for hemostatic sealing and coagulation of soft tissue and bone at the operative site.”<sup>3</sup>

### Physician Advisor Insight

A panel of orthopedic, spine, gynecologic oncology, otolaryngology, and neurosurgeons within our HealthTrust Physician Advisor Network offered the following insight with regard to the use of Aquamantys bipolar sealers.<sup>4</sup>

#### Cardiothoracic surgery

- Can be used in mammary takedown.
- More cumbersome and expensive than traditional electrosurgical devices.

#### Gynecologic oncology

- Has potential use in debulking procedures, especially if a liver resection is required.
- In this specialty, traditional devices are technologically superior.

#### Neurosurgery

- Can be used in lumbar or thoracic fusion.
- Use is determined by type of procedure and if patient is oozing during surgery.
- Works better with muscle.

#### Orthopedic surgery/Orthopedic spine

- Can be used in total Hip and lumbar spine surgery, total joints, microdiscectomy, revision surgeries.
- Cost can be prohibitive and most procedures can be done with traditional electrosurgical devices.
- Device selection is based on procedure.
- Used inside the spinal canal and avoids bi polar cautery.
- Advantages noted: less soft tissue damage, less chance for dural tear, also decreased dysphasia in anterior cervical discectomy and fusion, no heat transmitted to adjacent dura, efficiency in coagulation to speed up surgery in more complex cases, and smokeless.

#### Otolaryngology

- Used in parotidectomy, neck dissection, thyroidectomy.
- Assists in avoiding thermal injury to neighboring structures in procedures where nerve dissection is required, making bipolar useful.
- Aquamantys is beneficial as it uses saline irrigation to cool and protect neighboring tissue.

#### Overall

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- Achieves hemostasis at a lower energy level with less smoke being generated.
- Not very practical for all surgical procedures and is limited to certain surgical specialties.
- Concern regarding cost versus revenue due to the added expense of Aquamantys.
- Expensive compared to traditional devices with equal efficacy and achieve similar outcomes.
- Cooling ability for tissues that heat with use of bipolar. It reduces tissue sticking on the tips of the bipolar, reducing the need to clean the tips throughout the surgery.
- There are a variety of handheld tip sizes.
- Aquamantys has set bipolar tips to optimize pretreating the tissue prior to incising it.
- Choice of use may be related to physician's personal preference.

### Clinical Evidence

There are a few studies greater than 5 years old, relating to the use of Aquamantys in specific procedures as well as comparison to traditional electrosurgical devices. A sampling of those studies is included below.

- A 2016 meta-analysis of 6 randomized controlled trials (totaling 751 studies) studied effectiveness of bipolar sealers and the need for transfusion and amount of total blood loss in primary total hip surgery.<sup>5</sup> Outcomes included the need for transfusion, blood loss (total, drainage, and intraoperative), and rates of infection. The analysis concluded that sealers were effective at decreasing the need for transfusion and the amount of total blood loss. However, there was no significant difference in intraoperative blood loss and blood loss in drainage.<sup>5</sup>
- A 2017 retrospective study included 33 patients that were divided into two groups; one group that received surgery using the Aquamantys, and one group that did not.<sup>6</sup> Results of the study found that the groups had similar operative times and no difference in mortality. However, the Aquamantys group required less transfusions (P = 0.024).<sup>6</sup>
- A 2017 retrospective study of 43 patients was performed to determine the effectiveness of Aquamantys for interoperative hemostasis in surgery of skull base tumors.<sup>7</sup> This review found that the Aquamantys was effective at achieving hemostasis during this type of surgery. Additional studies comparing the use of the Aquamantys to other electrosurgical devices is recommended to further validate results.<sup>7</sup>

### Summary/Consideration

There is some evidence to suggest that the Aquamantys provides advantages like decreased blood loss in particular procedures and specialties. Additional studies are recommended to further validate these findings. Due to the added expense of the Aquamantys, use can be cost prohibitive, especially when there is similar efficacy among traditional bipolar devices. Work to develop a goal related to appropriate use by specialty, sharing price and reimbursement information. Since this is a physician preference item, engaging physician champions to assist with peer to peer conversations will be particularly helpful in this category. Developing guidelines related to appropriate procedures and specialties may be necessary.

### References

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